INTEGRATED PEST MANAGEMENT

We are all familiar with the difficulties of avoiding pest infestations in our homes and offices. All buildings, no matter its function, are in need of pest control. Developed for the agricultural industry, Integrated Pest Management (IPM) systems have been adapted for use by a wide array of businesses. Museums and libraries have discovered the benefits of utilizing IPM principles. A tailored IPM program assists in protecting an institution’s cultural collections by incorporating the long-term, low-toxicity principles of Integrated Pest Management. An IPM program not only works in museums, libraries, archives, and other industries but it is also beneficial in protecting your family heirlooms. An IPM program includes four basic steps: prevent, monitor, identify, and control.

Why use IPM?

An IPM program aims to prevent pest infestations unlike traditional pest control methods that aim to treat current pest infestations. Traditional pest control methods often involve chemical treatments that are potentially harmful to the health of the collection, those working with the collection, or both. An IPM program reduces the amount of chemicals used in pest prevention thus reducing the potential health risks. This reduction in chemical applications will also reduce the risk of deterioration and damage to your collection. In addition to creating a healthier environment, IPM programs save money in the long run. An IPM costs less than hiring a pest control contractor. The low-cost, healthy pest prevention principles of integrated pest management are a great technique for large collections such as those in museums and libraries to small family heirloom collections.

Prevent

The single and most important step to any IPM program is prevention. The goal is to minimize and eliminate the sources that pests need to live. In order to prevent pests from entering your building and collection you must eliminate what is drawing them to the area. The first task is to block all entry routes into the area. Examine the exterior and interior of the building looking for cracks and/or holes in the building structure, and gaps around windows and doors. When located these areas should be filled to prevent pests from entering the building. Do not overlook the building’s plumbing or drains, especially drains rarely or never used. Pests are able to enter structures through
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basement drains and little used plumbing. Also take notice of water sources around the exterior; identify leaks and/or condensation around plumbing, windows, or climate control equipment; and dispose of unnecessary vegetation and trash from around the exterior and inside the building. Removing trash and debris on a regular basis helps to reduce the resources pests need for nesting.

If your institution or family has acquired a new item for your collection be sure to isolate it before making a permanent home for it in storage. When isolating the object be sure to look for ongoing pest infestations or evidence of previous infestations. If an infestation is noticed, take the accepted steps in eradicating the problem.

Monitor

The cheapest and easiest way to monitor for pest infestations is to simply look. A regular and systematic monitoring system should be created to protect our cultural heritage. By regularly and diligently looking for pests, an individual trained to recognize signs of pests will recognize out-of-place matter such as termite wings, frass, fresh exit holes, the cast skins of dermestid beetles, rodents, cockroaches, and insect bodies or body parts.

In addition to looking for pest infestation, you should select a type of trap for your IPM program. The most common trap used today in pest control is the “sticky” trap. Sticky traps are inexpensive and easy to conceal. The sticky glue is capable of immobilizing any flying or crawling bug that touches them. Use a map of your building to choose locations throughout to place the traps. Traps should be placed in each corner of every room and more should be placed within large spaces. Do not forget to place traps in attics, basements, and any other area that may attract pest activity. Once the trap locations have been decided number and date the traps.

When you have all the sticky traps in place, develop a regular monitoring schedule to monitor the traps once a month. Using a pest logbook, record and quantify the catches on each trap. The logbook will keep a record of which traps see the most pest activity throughout the year or during the seasons.

Identify

Once you have recorded pest activity in the logbook, identify the type and life stage of each pest. Common damaging pests found in collections are: silverfish, book lice, termites, clothes moths, and beetles. These insects prefer warm, dark, humid environments.

• Silverfish

Silverfish are small, wingless insects silver-gray in color that move in fish-like movements. Silverfish are attracted to paper, starches, fabrics, and often eat cereals in the home.
This insect prefers warm, damp environments with a preferred temperature range of 72 to 80 degrees F with 72 to 95% relative humidity. Keep areas clean and free of old papers, boxes, or old foodstuffs. Aerosols will help to control these pests.

- **Book lice**

Book lice are small colorless insects less than 1mm in length. These insects feed on mold, fungi, other dead insect fragments, and starches found in paper and cardboard. Book lice prefer damp, humid conditions with over 60% relative humidity. By lowering the relative humidity, you may be able to affect the insect's development or cause death by desiccation.
- **Termites**

Termites are the most common subterranean wood-destroying insects in the United States. They live in colonies with three class systems: workers, soldiers and reproductives. Each class is physically distinct and performs its designated task.

Termites feed on wood and wood products containing cellulose. If you suspect or have a termite infestation, it is important to remember, DO NOT PANIC. Termites are slow workers and will not bring down your house in one night. Contact a professional pest control contractor to discuss treatments.

- ** Clothes Moths**

Two types of clothes moths include the webbing clothes moth and the case-making clothes moth. The most common clothes moth infestation in fabrics is the webbing clothes moth. An adult moth is golden in color with reddish gold tufts of hair on their head and has a wingspan of approximately ½ inch. These moths are generally poor flyers, therefore they will be found close to infested items.

Clothes moths are not attracted to light and tend to hide when disturbed. This makes them difficult to observe, so infestations are more likely not to be noticed until damaged fabrics, furs, or feathers are found. Clothes moth larvae do the most damage to fabrics. They will eat wool, feathers, fur, hair, leather, lint, dust, paper, and occasionally cotton, linen, silk, and synthetic fibers. Fabrics stained with food, urine, and sweat are especially in danger.

Inspection and good housekeeping are the most important steps in preventing and controlling clothes moth infestations. Freezing has become a treatment that is particularly successful in controlling clothes moths. If you have any questions or concerns about your infestation, contact a professional pest control contractor.
• **Carpet Beetles (common, varied, black)**

The common carpet beetle is grey to black in color with an orange band, nearly round, and grows to approximately 1/8 inch. They are attracted to plant and animal substances such as wool, fur, feathers, hair, hides, horns, silk, velvet, felts and bone as well as seeds, grain, cereals, cake mixes, red pepper, rye meal and flour. They prefer to feed in dark, undisturbed places.

• **Drugstore Beetles**

Drugstore beetles infest a large variety of substances especially starches in dried plant and animal products. These insects are store-product pests but have becoming increasingly annoying to homeowners. These insects may chew through furniture fabrics, books, and other similar materials. Drugstore beetles are reddish-brown in color and grow to approximately 1/10 inch. The drugstore beetle can be found anywhere near food.

• **Furniture Beetles**

Furniture beetles (powder post beetles) spend many months or years inside wood in the larvae state. Their presence is only noticed when they emerge from the wood during the spring as adults leaving small, pin sized exit holes. Small amounts of sawdust, known as frass, are evident on the floor surrounding the infested object. Furniture beetles are cylindrical in shape and measure approximately 2 mm in length. These insects are attracted to all types of wood and thrive in environments with conditions over 55% RH.

If you are unsure of the type of pest infestation your institution is experiencing, contact a local entomologist or the local county extension agency.

**Control**

The final step in a successful Integrated Pest Management program is control. After an infestation is discovered and the pest identified a treatment plan should be created to specifically target that certain pest. There is a variety of treatment methods designed to eradicate pests in your collection. Passive methods include caulking around windows...
and doors, filling all cracks and holes in the building, placing traps on drain pipes, maintaining a clean structure, preventing nest building, and other methods.

Pest infestations can also be controlled with inert methods such as spraying Aerogel around the edges of the room. Aerogel is a silica aerosol. Insects may ingest the tiny, sharp silica when they clean themselves or become lodged in their exoskeleton as they travel across the sprayed area.

Freezing is another way of treating infestations. This method is attractive to museums and libraries because it does not involve harsh chemicals and can be carried out in a household freezer. However, the freezer must not be the frost-free type for the freezers experience defrosting cycles that raise and lower the temperature. Freezing temperatures should reach -20ºF or lower within 8 hours.

The first step in the freezing process is to bag and seal the object you are treating. The bag should be sealed quickly to prevent any pests from escaping. Make sure to remove as much as air as possible to prevent condensation or frost crystals. When undertaking this method, it is important to remember materials should freeze quickly. If freezing is slow, insects may have time to acclimate to the changing temperatures. Do not overcrowd objects in the freezer. This may slow down the freezing process. Try to have air circulation all the way around objects by placing them on wire racks or raised platforms. Keep the object frozen for at least 72 hours to one week. Remove the object from the freezer and allow it to thaw slowly and at room temperature. Repeat the process. The first round of freezing is to eliminate the adult pests while the second freeze targets larvae. The object being treated should remain bagged until monitoring of the space indicates the pest infestation has been solved. (see information about freezing for pest control)

There are many methods for controlling pests in your institution. Other treatments include baiting, anoxia, and pesticides. If evidence of a pest infestation is found in your institution, contact a conservator to determine the best method of treatment.